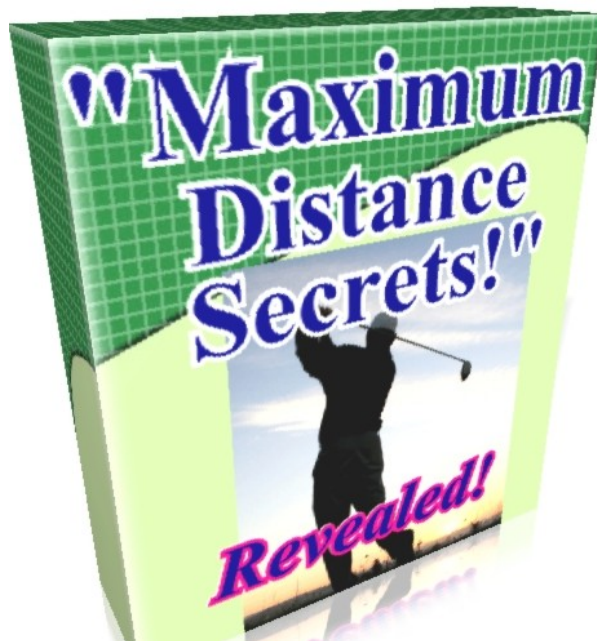


***Strictly Off The Record***  
**"Refine Your Game in Less  
than 10 Minutes"**  
**Mini-Report**



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## **I. Backspin**

In this report, we are going to cover some loose odds & ends to elevate your game to the next level. It's a quick read, but your game will greatly benefit in relation to the short time that it takes to read this document. Four!

Learning how to put a good amount of backspin on a shot is one of the most sought after golf skills out there.

But, there are a few things that you should know:

1. Creating a super backspin can be extremely tough to do & it can be difficult to control.

2. And, there really aren't many scenarios on the course where a backspin is actually needed for new golfer.

Regardless, veteran golf players know how to use backspin the right way. But, it takes practice to get right....

### **A. The Perfect Backspin.**

The amount of backspin needed really depends on what type of shot

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you are trying & where your ball lands relative to the hole. It could be said that the perfect backspin amount modifies the approach shot just enough so that the ball bounces one time & then immediately stops on the green when it lands a second....

....Imagine a stop sign on the green. Pros can (with at least some regularity) make their balls backspin just enough to stop them dead still on the green....As you see, it's quite a skill!

## **B. The Conditions**

The following conditions are good have in place if you are attempting to use backspin on your shot...

1. Attempt to apply backspin only from the fairway.
2. No moisture should exist on the ground, ball, or club face.
3. Greens in mint condition, trimmed short & very close to the ground are favored to increase your odds of success.

## **C. Creating Backspin**

To create backspin, hit the ball so that it actually becomes "pinched" between the force of your club & the fairway. Swing downward towards the ball with a fair amount of velocity in your swing speed.

And, of course, strive for a nice clean hit made perfectly with the bottom portion of the ball. Let it just pop...and SPIIINNNN!

As you can guess, combining these small movements into one shot

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can be quite difficult at first. Practice is all you need. And, lots of it...

***Last Minute Tip:*** It also helps to use a fairly new club that is clean & has plenty of grip on its face. And try to use the newer "soft cover" golf balls for "backspin optimization" (is that even a term?).

## **II. Hitting Short**

Getting ready to play a course with a considerably different length than your usual course can present certain "shot adjustment" problems.

For example, say you normally use a driver & short irons on your local 6,500 yard course. You cannot expect to hit drivers & long irons on a 7,000 yard course & score well without preparation.

### **A. Adjust Your Game**

If you are getting ready for a course that is much longer than your regular one, adjust your game & practice to accommodate it. Instead of hitting a drive & wedge on a 350 yard hole, hit a five iron off the tee & then another long iron to the green.

The primary reason for this is not to help you practice swinging a long iron.

You can get that on a practice tee.

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The goal is to get used to hitting into the green from considerable distances so that the longer course doesn't mentally "defeat" you even before you begin.

### **III. Avoiding Pulled Shots**

A pulled iron shot is a nuisance mainly because once you pull one, you tend to repeat it. It's kind of like what happens when you start shanking. Of course, the pull doesn't look as bad because it doesn't hook or slice. And, it feels firm coming off the clubhead. But, it can end up 25 to 30 yards to the left of the green.

#### **A. The 3 Common Causes**

1. Hitting the ball with an outside-in swing.
2. Closing the clubface somewhere during the swing.
3. Starting the ball too far forward in the stance.

If you've pulled, the first thing to do is check your stance. Every iron shot should be hit off the left heel, but no more forward than that. Now, concentrate on taking the clubhead back in a straight line & bringing it to the ball on that same straight line.

Finally, make sure that your followthrough throws the clubhead out towards the hole & that you finish with your hands high. A proper followthrough like this makes it almost impossible to pull the ball.

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## IV. Taking Golf Lessons At Home.

Many golfers have home libraries filled with dozens of high quality golf instructional videos & DVDs. Of course, we highly recommended that you invest in these types of study aids (and my course!). But, why not learn from professionals in the comfort of your own home without spending a dime?

Alright, perhaps the word “free” is a bit overdescriptive because you still have to pay for electricity & a TV, but some golf can be learned from watching TV.

Here are a few

<http://www.thegolfchannel.com/>

<http://sports.espn.go.com/golf/index>

Pay attention to the players. Note their pre-shot routines. How do they warm up?

Observations like these can be invaluable so long as you pay attention, take notes, & practice "in the real world" as often as possible. Take your knowledge to the range & the course.

You can practice putting on your living room carpet, a simple lesson made cheap. In fact, how many thousands of executives bring their golf game to the office everyday to practice? More than you or I could accurately estimate, that's for sure....

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Use a carpet that is short & firm enough to allow the ball to travel at the appropriate speed. A sturdy, industrial-type office carpet works just fine as do Astroturf-type rugs.

You can also purchase an electric putting cup. These nifty little devices will actually shoot your ball right back to you once you have completed your putt...neat stuff!

**But wait!**

**There's A LOT MORE than was presented here!**

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